401 N. Gibbs Street,
Pomona, CA. 91767
909.921.3618
www.pomonahope.org

ATHLETIC/FITNESS DEVELOPMENT INTERN

Brief Organization Overview:

Pomona Hope is a non-profit, faith-based, community organization dedicated to working in partnership with people of all backgrounds to strengthen Pomona's children, families, and neighborhoods.

After School with Pomona Hope welcomes kindergarteners through twelfth graders. We are dedicated to working alongside parents and community members on behalf of Pomona's youth. It is our aim to provide resources and a safe, affirming environment to empower youth to grow and learn.

Location:

Pomona Hope
401 N. Gibbs Street
Pomona, CA 91767

Description:

- Provide mentoring and athletic/fitness coaching to students from K-8th grade during their gym time. Example activities could include dance, sports drills, fitness exercises, structured sports or games, etc.
- Compile curriculum of age-appropriate gym-time activities that can be utilized by the program in the future
- Ensure all equipment is kept in working order, and organized properly.
- Offer at least one age-appropriate health workshop for each group of students in the program (K-3rd, 4th-6th, junior high)
- Manage and guide our High School-aged recreation assistants, and delegate tasks to them as needed
- Assist staff with program preparations at least 1 hour/week.

Qualifications:

The Athletic/Fitness Development Intern should have a desire for deepening their understanding of social justice and child development. An interest in children's health and fitness is a must!

Job Title: Athletic/Fitness Development Intern

Number of Openings: 2

Approximate Hours Per Week: 6-10 hours per week depending on availability (4-6 hours of instruction, 1-3 hours of lesson planning, 1 hour of program preparations). Gym workshops are Monday-Thursday afternoons, between 3:30-5:30pm. All hours must be completed on-site.

Contact person: Brianne Imada | Arts, Internships, and Volunteer Coordinator | 909.921.3618 ext. 4 | brianne@pomonahope.org