



401 N. Gibbs Street,
Pomona, CA. 91767
909.921.3618
www.pomonahope.org

DANCE/FITNESS DEVELOPMENT INTERN (FALL SEMESTER 2022)

Brief Organization Overview:

Pomona Hope is a non-profit, faith-based, community organization dedicated to working in partnership with people of all backgrounds to strengthen Pomona's children, families, and neighborhoods.

After School with Pomona Hope welcomes kindergarteners through twelfth graders. We are dedicated to working alongside parents and community members on behalf of Pomona's youth. It is our aim to provide resources and a safe, affirming environment to empower youth to grow and learn.

Location:

401 N. Gibbs Street
Pomona, CA 91767

Description:

- Provide mentoring and dance/fitness coaching to students from K-8th grade during the workshop.
- Compile a curriculum of age-appropriate dance/fitness activities that can be utilized by the program in the future.
- Ensure all equipment is kept in working order and organized properly.
- Offer at least one age-appropriate health or nutrition workshop for K-8th grade students in the program
- Offer at least one age-appropriate meditation/mindfulness workshop for K-8th grade students in the program
- Assist students with homework and/or workshops for at least 1 hour/week
- Assist staff with program preparations (filing, organizing books, etc.) for at least 1 hour/week
- Other duties as assigned

Qualifications:

The Dance/Fitness Development Intern should have a desire for deepening their understanding of social justice and child development. They should have an interest in dance and in children's health and fitness. Dance and/or fitness background or experience is preferred (i.e., ballet, jazz, modern dance, Zumba, cardio, isometric training, strength and agility training, endurance drills, etc.)

**Intern must have the ability to keep safety in mind at all times.*

Job Title: Dance/Fitness Development Intern

Number of Openings: 2

Hours per week: 6-8 hours (2-3 hours of instruction/set-up/clean-up, 2-3 hours of lesson planning, 1-2 hours of program prep/homework help, and/or other hours for events as needed). **Program hours are Monday-Thursday from 2:45 p.m-5:30 p.m. and on Wednesday 1:45 p.m.-5:30 p.m.**

*Interns must be available on Monday/Tuesday afternoons (2:45 p.m-5:30 p.m.) to lead workshops (workshop times subject to change). **All hours must be completed on-site** (with the exception of off-site field trips, if any). Please note that the internship **requires transportation** to and from the site.*

Compensation

This is an **Unpaid/Volunteer** internship (*college credit only*)

We encourage you to check with your educational institution for possible funding (*i.e, Pomona College- PCIP, ULV-Federal work-study, etc.*)

Start Date: Position open until filled, **requires full-term commitment** (*approx. 3 months*).

** If selected, interns have the option to extend their internship to a full academic year.*

A live scan (fingerprinting) must be completed prior to working with the students.

To Apply: Please email a cover letter and resume to the Outreach Director

Contact person: Nora Codina | Outreach Director | 909.921.3618 ext. 4 | nora@pomonahope.org